

QUESTIONS TO ASK YOUR SURGEON: BREAST REVISION

What is my exact diagnosis? How will you fix it?

With a vast amount of experience with breast surgery, Dr. Rahban has seen all types of breast complications. The key with breast revision is correct diagnosis. Your surgeon must know what the problem is in order to give patients the correct options. As the breast tissue is no longer 100% normal, it is unforgiving and therefore an error in diagnosis will lead to a very poor outcome and make further revision even more difficult.

Will my breast revision require the use of extracellular matrix?

Extracellular matrix (ECM) is tissue from other sources, removed of all its cellular components, leaving behind a matrix or scaffolding of tissue. Your surgeon needs to be familiar with not only the various ECM products, but also how to use the material effectively. Unfortunately, this material is still quite expensive, and therefore should only be used when truly necessary.

If I have capsular contracture, will you perform a complete capsulectomy?

The correction of capsular contracture requires either a capsulectomy or capsulorrhaphy. Dr. Rahban's preferred approach is a complete capsulectomy. This involves removal of the entirety of the scar tissue, hence creating a brand new pocket without any of the old scar tissue.

- **In getting rid of scar tissue, will you use a multi-layered technique so I'm not just left with another scar?**

Unfortunately, unsightly scars are a very common problem following breast surgery. All too often, patients are told that the cause for their unsightly scars is their poor healing, when in reality it was due to poor closure. In this instance, your surgeon would need to excise all of your scars and re-suture them using a multi-layered closing technique.

- **If I'm reducing my implant size, will you also lift my breasts?**

Correction of large implants may involve not only exchanging to a smaller implant, but may necessitate some type of lift procedure. When an implant is downsized significantly, the breast is left with excess tissue that, if not addressed with some type of lift, would lead to sagging.

- **Are you familiar with the neo pocket procedure for my symmastia or lateral displacement?**

In order to correct symmastia, double bubble or lateral displacement, there is a new and advanced technique called a neo pocket procedure, whereby your surgeon will create a new implant pocket above the old capsule that is smaller to accommodate the actual size of the implant.

- **Do you offer a second consultation prior to my procedure?**

Every patient goes through a thorough pre-operative process. This begins with a pre-op visit two weeks prior to surgery. This is similar to a second consult. During this time, you will go over the details of your surgery with Dr. Rahban, and you will get a second opportunity to ask questions and go over your procedure, thus ensuring a complete understanding..

- **How many follow-up appointments do we have?**

After a breast revision, Dr. Rahban schedules a total of five follow-up appointments. Most plastic surgeons schedule two follow-ups, during which time you may not even see the doctor. During every follow-up appointment, Dr. Rabhan sees his patients personally.