

## QUESTIONS TO ASK YOUR SURGEON: EXTENDED TUMMY TUCK

**Do I have enough extra skin on my flanks that I require an extended tummy tuck, or is a standard tummy tuck sufficient?**

In many cases, pregnancy can cause a buildup of loose, excessive skin that extends beyond the abdomen. When loose skin can be seen on the flanks in addition to the tummy, an extended tummy tuck is the correct procedure to eliminate excess skin and tighten the underlying musculature.

**Will the length of my incision fully address all excess skin?**

A tummy tuck is not about the length of the incision, but rather the contour of the abdomen. A shorter scar with poor contours is not better than a slightly longer scar with smooth and beautiful contours.

**Will my tummy tuck include mons rejuvenation?**

Dr. Rahban will rejuvenate the pubic area and the mons. Plastic surgeons will often ignore the pubic region, leaving it sagging and puffy. They only rejuvenate the abdomen and reattach it to a puffy mons. With every single tummy tuck, Dr. Rahban rejuvenates the mons or pubic region. He removes excess fat from underneath the mons and removes excess skin. He then lifts up the mons and re-secures it to the abdomen, creating a younger looking pubic area.

- **Do you close my incision or does someone else?**

At many cosmetic surgery facilities, the surgeon allows another person to close the patient. This is not the case with Dr. Rahban—he doesn't let anybody else touch his patient.

- **Do you use layered closure?**

In closing the incision, Dr. Rahban employs layered closure. He starts from the bottom and meticulously closes each individual layer of tissue outward to the surface skin. By properly aligning the layers from the inside out, he ensures there is no depression on the resultant scar.

- **Do you offer a second consultation prior to my procedure?**

Every patient goes through a thorough pre-operative process. This begins with a pre-op visit two weeks prior to surgery. This is similar to a second consult. During this time, you will go over the details of your surgery with Dr. Rahban, and you will get a second opportunity to ask questions and go over your procedure, thus ensuring a complete understanding.

- **How many follow-up appointments do we have?**

After a tummy tuck, Dr. Rahban schedules a total of five follow-up appointments. Most plastic surgeons schedule two follow-ups, during which time you may not even see the doctor. During every follow-up appointment, Dr. Rabhan sees his patients personally.