

QUESTIONS TO ASK YOUR SURGEON: INVERTED NIPPLE CORRECTION

What technique do you use for inverted nipple correction?

Because inverted nipples are usually caused by some kind of tethering, the corrective surgery usually involves releasing the fibers that keep the nipples inverted. This begins with an incision at the base of the nipple to access the ducts or fibrous tissue that is holding the nipple down. From there, tissue is rearranged in order to allow for improved nipple projection. Finally, the incision is closed with precise sutures that create minimal scarring.

What does your surgeon do to maintain the erect position during the healing process?

Special care is then taken to maintain the nipple in the erect position during the healing process. Dr. Rahban uses a special technique to keep them projected. This is crucial, as the nipple has a tendency to retract during the early healing phase.