

## QUESTIONS TO ASK YOUR SURGEON: LIPOSUCTION

### **Is my skin elasticity good enough to receive liposuction only?**

Liposuction candidates should have good skin elasticity, which will allow it to conform to the new, slimmer contours. If this is not the case, liposuction will not only produce zero improvement, but it will also make you look worse, as the fat underneath the skin is what's holding the skin tight. When the fat is removed, semi-loose skin will become very loose skin.

### **Do you use multiple access points during liposuction?**

The key to liposuction is using multiple access points, rather than one. While at first patients are concerned about the number of incisions, it's more important that the target area get addressed from multiple areas so the contour is smooth.

### **Do you use a basket cannula to equalize the fat?**

Dr. Rahban is done removing the fat, he goes back with a special cannula called a basket cannula that equalizes the remaining fat. Because fat is solid or semisolid, it is removed in globules rather than a flowing stream. The remaining fat doesn't naturally fill in the removed globules. By breaking up the remaining fat with the basket cannula, Dr. Rahban helps it to settle in a natural, even contour.

- **Do you leave behind a superficial layer of fat?**

In order to accomplish smooth contours, you need to leave behind an upper layer of fat that's been untouched. The fat is generally divided into superficial and deep layers. The fat in the deep layer is the fat that should be removed, leaving behind the superficial layer untouched as a buffer so your skin looks smooth.

- **Do you offer a second consultation prior to my procedure?**

Every patient goes through a thorough pre-operative process. This begins with a pre-op visit two weeks prior to surgery. This is similar to a second consult. During this time, you will go over the details of your surgery with Dr. Rahban, and you will get a second opportunity to ask questions and go over your procedure, thus ensuring a complete understanding.

- **How many follow-up appointments do we have?**

After liposuction, Dr. Rahban schedules a total of five follow-up appointments. Most plastic surgeons schedule two follow-ups, during which time you may not even see the doctor. During every follow-up appointment, Dr. Rabhan sees his patients personally.